

DETAILS

THE SIX-MINUTE
TOTAL-BODY WORKOUT

—
WHEN DID
SOBRIETY
BECOME
THE NEW
STATUS
SYMBOL?

JEREMY RENNER
FINALLY GETS SOME ACTION

—
THE CULT
OF THE
CLEANSE

THE JUICE. THE DIETS.
THE FASTING.
INSIDE THE BIGGEST
HEALTH TREND
OF THE MOMENT.

—
THE ROCK STAR'S GUIDE TO YOGA

STYLE

THE NEW
WINTER
CLASSICS

—
FIVE WAYS
TO LOOSEN UP
BLACK TIE

—
MODERN FAMILY'S
SOFIA VERGARA
BARES ALL
(AND TALKS, TOO)



TWO OF THE
SEXIEST
HOUSES
WE'VE EVER
SEEN

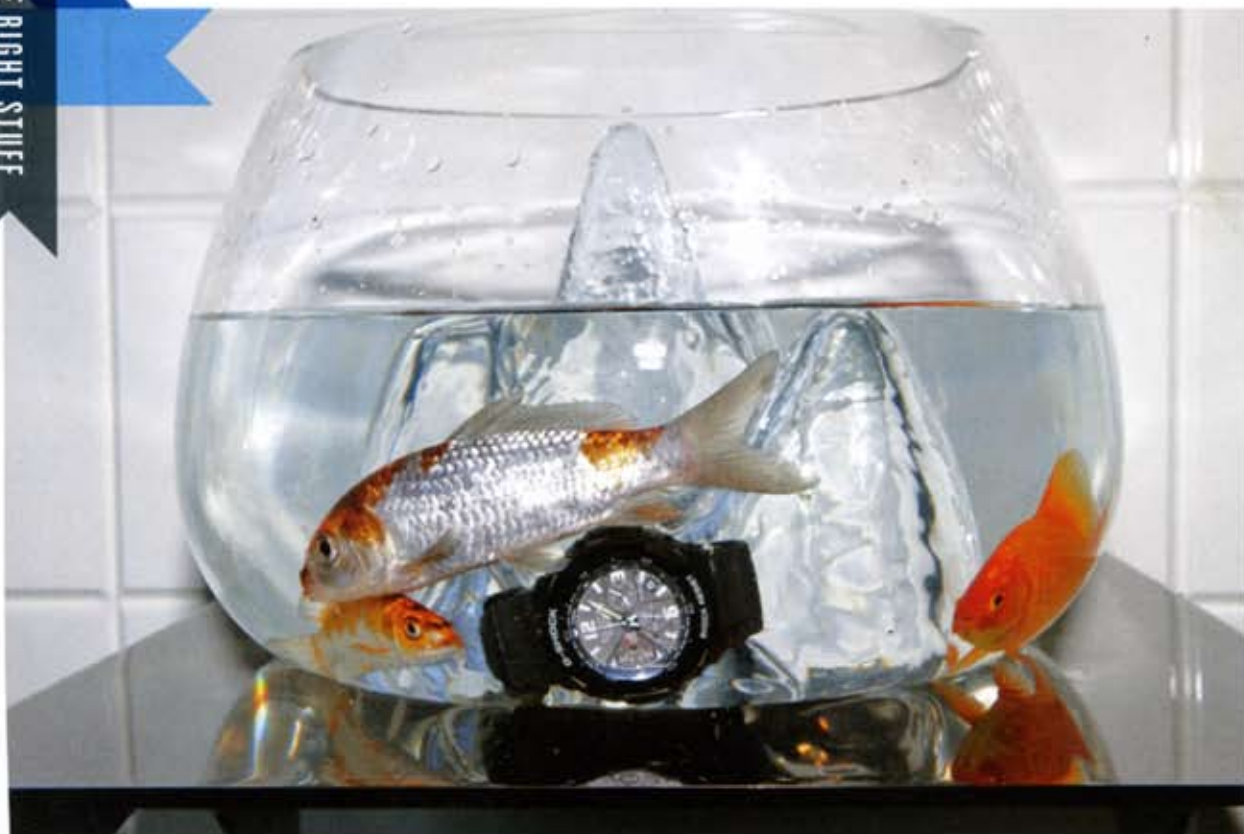
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ISSN 1549-0315

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Top: Glass Fishscape Fishbowl (\$140) by Aruliden. Japanese koi from Petqua, New York (small, \$20; large, \$35). Watch (\$280) by Casio G-Shock.
 Bottom, clockwise from top left: Sweater (\$258) by Marc by Marc Jacobs. Sweater (\$555) by Marni. Sweater (\$1,590) by Tom Ford.
 Sweater (\$637) by Dries Van Noten. Suitcase (\$1,440) by Rimowa.

